

greet **KIRKLAND**

Corinne Cavanaugh

**AUTHOR OF AN AUDACIOUS
WOMAN, LIVING HER TRUTH**

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Dear Neighbors and Friends,

Welcome to the July issue of Greet magazine! This month, we are thrilled to showcase the remarkable talent and dedication within our Kirkland community.

Our feature story highlights local author Corinne Cavanaugh, who has transitioned from a successful career in digital marketing to the world of fiction with her self-published novel, *An Audacious Woman*. Corinne's work invites readers to explore thought-provoking themes and engage in meaningful conversations, making it a perfect pick for book clubs.

We also spotlight Close Reach Academy, a new preschool in Kirkland founded by Dr. Jennifer Pelissero and her husband Craig. Their passion for early childhood education and community involvement shines through in their dedication to fostering a love for learning in young children.

Additionally, we introduce F3 Kirkland, a group founded by Jason Silverstein that emphasizes Fitness, Fellowship, and Faith. With early morning workouts designed to fit busy schedules, F3 provides a supportive environment where men can build trust, share life's challenges, and work towards personal and community growth.

Kirkland is a place where dreams are nurtured and community spirit thrives. We hope you enjoy this issue and find inspiration in the stories of creativity, dedication, and the power of connection.

With gratitude,

Anne Hess

Correction:

We deeply regret the misspelling of Izzie Hepler's name in our recent article in our May issue. The incorrect spelling "Helper" was published in error. We sincerely apologize to Izzie for this mistake and any inconvenience it may have caused. We are committed to ensuring greater accuracy in our future publications.

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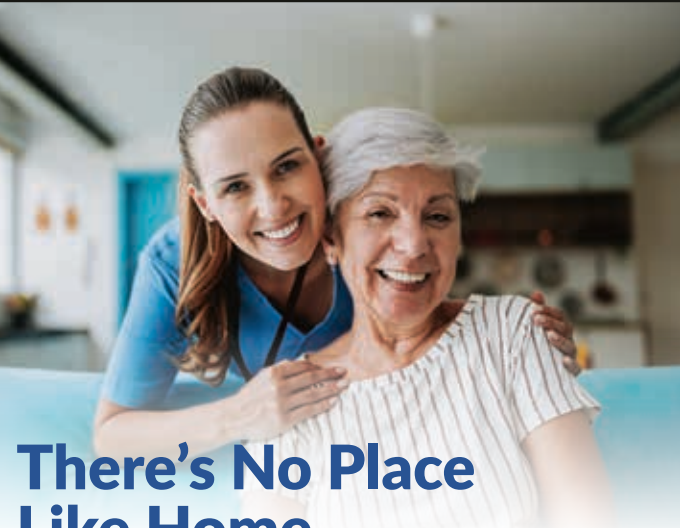
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Kirkland Parks and Community Foundation Helps Secure New Park for Kirkland

BY HEATHER KNOX

Kirkland has an inspired history of pioneers who settled on the shores of Lake Washington to take advantage of nature's bounty. Today, a thriving network of urban hubs in Kirkland can be found juxtaposed alongside established family neighborhoods, new construction, major company sites and a constellation of parks and greenspace. In the interest of

progress, how does a city like Kirkland maintain the delicate balance of great place to live, work and play?

The Kirkland Parks and Community Foundation, founded in 2014, is the entity designed to help catalyze conversations and bridge funding opportunities between public and private sector organizations and individual donors. While working closely with donors, the Foundation

helps match needs with donor passions of a wide variety to generate resources that enhance our community.

US cities with community foundations have a proven track record of building strong philanthropic capacity for their communities. Bainbridge Island and Jackson Hole are two that model the impactful partnership that marries donors

with community needs and priorities resulting in high-impact outcomes.

Here in Kirkland, the Kirkland Parks and Community Foundation was behind initiatives that funded STEM programs in our schools to helping feed hungry residents during Covid and the organization is expanding to more projects as its resources allow. Another example of the role KPCF plays is helping to build the capacity of nonprofit organizations serving our community. This fall, KPCF will be sponsoring two workshops – “Preparing for the Board Room” and “Diversity, Equity, Inclusion and Belonging” – to stakeholders of local non-profit organizations. Training will take place at the Lake Washington Institute of Technology. Non profit boards and other community groups or individuals interested in this topic can find out more on the KPCF.org website where there is also a registration link.

On the parks front, KPCF is currently engaged in a major initiative to raise money for the Fisk Family Park – a iconic greenspace recently secured by the city of Kirkland – and the latest in Kirkland's parks network. The Foundation has successfully raised over \$50,000 for this cause and is continuing its fundraising through July. As many people familiar with Kirkland's impressive park system already know, the accumulation of park land has always taken bold

action and courage. It has required notable investment of resources and the visionary commitment to future generations by public and private community groups. Fisk Family Park is the latest example of these projects where donors are truly leaving a legacy and demonstrating Kirkland's sustained commitment to parks and greenspace for generations to come.

As the story goes, the iconic little red shed that sits on the property today was built in the 1960s by Jim Fisk, and used first as a chicken and pigeon coop, and then he turned it into an antiques boutique. Longtime Kirkland resident Shelly Winfrey was recently interviewed on KIRO radio, reflecting about when Sixth Street South was a dead-end street and kids ran back and forth to the red shed (just North of Google's Kirkland campus), hanging out and playing alongside the creek where there was also a fish pond.

KPCF board members, convinced that this slice of paradise is an important one to preserve, reached out to the city of Kirkland and several residents to support the acquisition of the property.

As part of the Kirkland parks network, the Fisk Family Park is now an oasis in the middle of our city, where trail runners can stop for a rest, passersby can bird watch or listen to the sound of the bubbling creek.

“Preserving Kirkland's parks and greenspace is important to our community and our donors, therefore it is important to us,” said Jonathan Heuer, KPCF board president. “The Fisk Family Park is the ideal opportunity for people passionate about parks to step-up and show support, and they have already done just that.”

KPCF offers the community a variety to engage in our philanthropic culture. Its mission, *to connect people, ideas and resources to cultivate a healthy, vibrant, inclusive and sustainable community* is powered by community giving. This includes direct donations to a general fund, which can be matched by many corporations, establishing a donor-advised fund, giving to a specific project like the Fisk Family Park, donating to an Area of Impact fund, from which the Foundation makes local grants for arts & culture, education, human potential, environment, heritage, community, and economic development, or establishing a legacy through planned giving.

For more information about KPCF, giving options, to give to the Fisk Family Park directly, or to recommend a project to be evaluated for funding, visit www.kpcf.org or follow KPCF on Facebook and Instagram, @kirklandparkscommfoundation.

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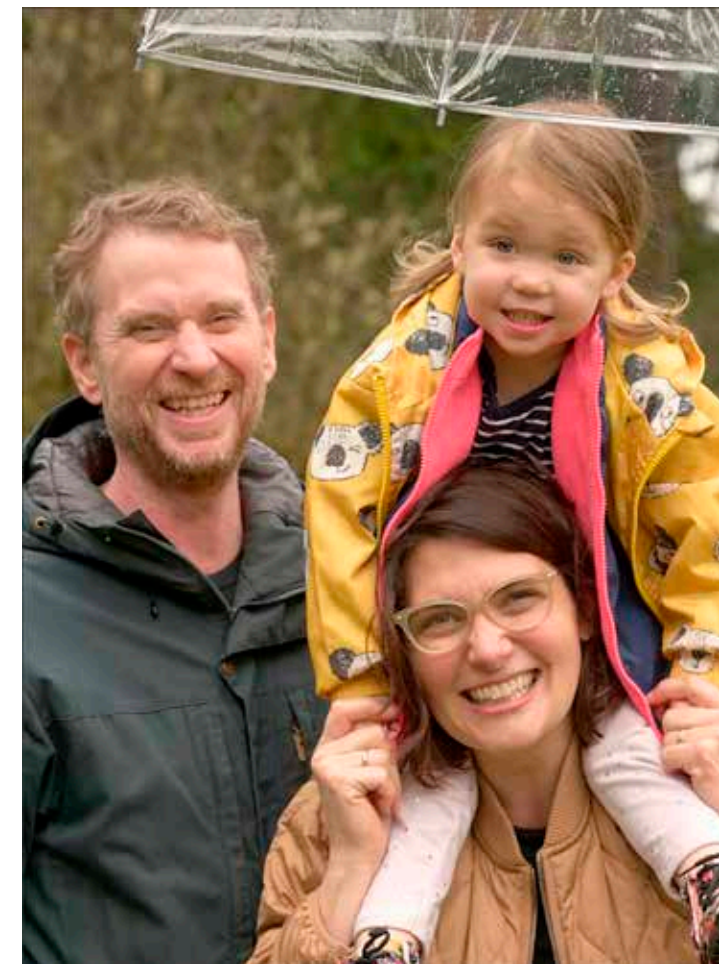
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MEET MS. BRICKER

BY ABIGAIL ANISH



A PHYSICAL EDUCATION TEACHER is not just a teacher who teaches sports. They teach us teamwork, discipline, and resilience. They also promote sportsmanship and fair play. They lay the foundation for a lifetime of health and wellness. Meet one of my teachers from Kirkland Middle School - Ms. Bricker who is from Cleveland and teaches at Kirkland Middle School. She has taught for 16 years, 10 years in Cleveland, and 6 years at Kirkland Middle School

What are the subjects and grades you teach?

I mainly teach sixth-grade physical education and Health; however, I also teach some of the 7th and 8th grade PE classes.

What inspired you to teach?

As a kid, my family valued education. School was important to me, and I loved to play sports. My coaches in sports were some of my role models growing up. I wanted to grow up

to be just like them. I first started in education as a high school softball coach. I quickly knew that I enjoyed being around kids. While I was in college to become a mechanical engineer, it was a softball coaching job that made me realize I wanted to be in education. Sports made me who I am today (I was a college softball player) and I wanted to use my knowledge and skills to enhance the lives of children.

What is your favorite thing about teaching and why?

The kids! I laugh (and cry) almost every day! Seeing kids' growth in their learning and their surroundings inspires me every day to be a better teacher.

Why do you love the subject that you teach?

PE- Sports! The value of the lessons that sports teach children. It teaches kids how to work with others, how to be leaders and also understanding the value of goal setting.

Physical education gives students an opportunity to see what they are good at and serve as an introduction to athletics and living a longer, happier life (teamwork, leadership, collaboration, and physical skills). Any movement is a positive movement!

Health class- The human body is absolutely fascinating. I love that I teach a subject that relates to kids. It's all about them!

How do you make your classes interesting?

I try to be myself. I am weird, awkward and try to be funny. It's like the kids are my constant audience and sometimes they even laugh! I try to relate to kids and be very upfront and honest. Kids relate to that and appreciate honesty.

How do you spend your summer break?

Traveling! My wife and I are both teachers and have the summers to do as we want. We love to travel and hang out with our dogs. I have visited forty-four states and will soon make plans to get to my last six states. This summer I am taking a "bucket list" trip to Banff and Jasper National Parks up in Canada. We will be camping right on the lake around all the bears!

What is the one thing that students might be surprised about you?

I am absolutely terrified of bugs that fly. I once locked myself out of my house because of a moth. I scream and run like a small child!

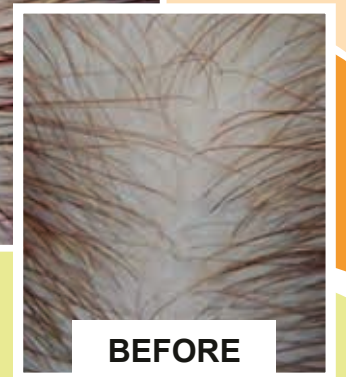
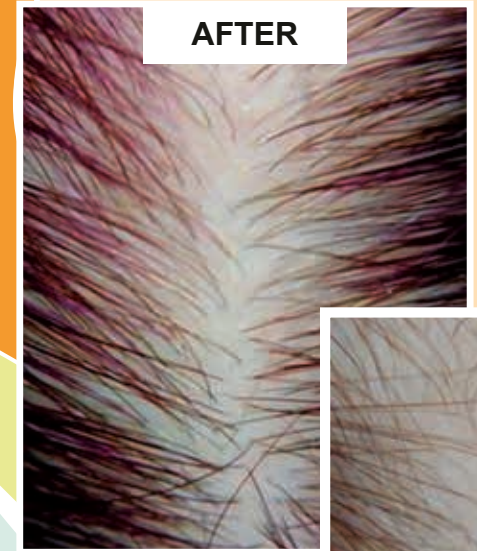
Another thing would be my love for Broadway. I was in two choirs when I was in high school, and I love all musicals. I have seen shows in NYC, Cleveland, Chicago, Vegas, and Seattle. My favorite musical is RENT.

What is your favorite memory from your school?

My eighth-grade trip to Washington D.C.

What inspired you to move to Washington from Cleveland, Ohio?

My family. I grew up in a small town about 30 minutes south of Cleveland. I met my wife in Cleveland however my entire family had moved out of the state. My wife grew up in Snohomish, WA and we realized how much we missed family. When deciding between South Carolina and Washington, everything made sense to move to Washington. Growing up in a conservative town, I was never able to truly be myself and had to hide my LGBTQ+ identity. It's wonderful to live in an area where I feel more accepted and empowered to be myself. It's important for kids to see all types of role models and people they can look up to and trust.



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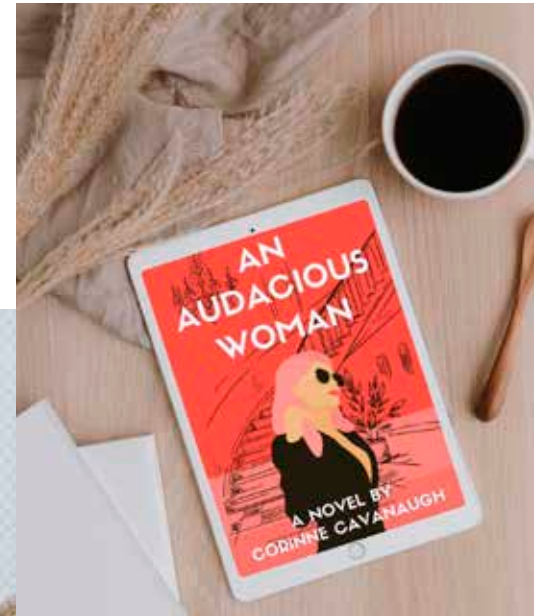
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Corinne Cavanaugh

WRITING BOOK CLUB FICTION TO ENCOURAGE CORDIAL CONVERSATIONS AROUND CONTROVERSIAL TOPICS.

BY HEATHER GERTMENIAN • PHOTO BY STAN CORPUZ PHOTOGRAPHY



For aspiring writers, the old adage has always been “Write what you know.” A more recent version is “Write the type of book you’d like to read.” Kirkland resident and debut author, Corinne Cavanaugh has audaciously put her own spin on it-- “Write the type of book you’d like your book club to read.”

With the self-publication of her novel, *An Audacious Woman*, Corinne tells the story of an elegant eighty-five-year-old woman living in one of the last gilded mansions of New York, who places an ad in the newspaper to solicit contestants for a competition she’s holding in order to give away her magnificent home and thereby unencumber herself from it. According to Corinne the novel “highlights the differences between men and women in different age groups and circumstances by recounting fictional versions of famous events in entertaining ways.”

Although writing a book was something Corinne says she has always wanted to do, she kept her focus on building a successful career in digital marketing and communications, including stints with Microsoft and Safeco/Liberty Mutual Insurance. Tapping into her innate entrepreneurial drive she even started her own digital marketing consulting firm to

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meet the needs of nonprofits. It wasn’t until the quirky, sexy, older protagonist, Eleanor, came to her in a dream that she seriously considered putting pen to paper.

“I thought this is a really interesting character, but I took a while to think about my ‘why?’” says Corinne. “I’m not going to write a book just to write a book. I want people to not only enjoy it, but also maybe do some critical thinking about hot topics.” She explains her mission as “opening people up to talk about politicized and controversial topics” in the kind of friendly setting that a book club can traditionally provide.

Corinne, a busy mother of three children, all under the age of five, participates in a monthly book club consisting of a cohort of moms with kids all around the same age. When asked if *An Audacious Woman* is the type of book her own book club would read, Corinne modestly admits, “I haven’t forced it on my book club.” However, book clubs are indeed the target audience she’s aiming for, explaining in her effervescent manner, “There’s something really charming and comfortable about that setting amongst a small group of friends. Things that are politically dicey can get discussed in a loving way.”

Corinne traces the catalyst for modeling these types of conversations among the characters in her novel back to her coursework while pursuing a master’s degree in international relations from Harvard University. The experience informed her as an author and helped shape her story and characters. It’s through the lens of her coursework that she realized “some really important things need to happen to support a functioning democracy,” such as the ability to conduct, as she says, “cordial public discourse around controversial topics.” She further explains, “...no one person feeling like they’re being shut down or shut out. I think that there’s a lot of that happening these days. It’s even more polarized than it used to be, and people’s feelings

get hurt and then they start to clam up. If you can’t talk about the issues, then you really can’t come to a sort of cultural resolution.”

When asked how she found the time to write a novel as a working mother with a demanding career in the tech sector, Corinne says she leaned into the lessons she picked up from reading the best-selling productivity book *Atomic Habits* by James Clear, which promotes stacking a desired new habit onto an already established one. So, Corinne bravely stacked writing with waking up, writing from 5-7am most days of the week.

Prior to the March launch of her novel, Corinne and her husband, Kyle, welcomed the addition of their third child to the family’s home in Houghton. She now writes full-time and is passionate about serving on boards where she can use her background in marketing and communications to help steer organizations dealing with the digital media landscape of today. Currently, she’s serving as the fundraising chair on the board for Malaria Partners International.

With 6 a.m. gym sessions to relieve writer’s cramp or “relieve everything,” she corrects, replacing the 5 a.m. writing sessions, Corinne declares unapologetically, “I am devoted to writing and board work now during my regular business hours. The kids are all in daycare. I want to be clear about that. I’m not superhuman.”

So how does Corinne define an audacious woman? “One who speaks her mind and is really just living her truth, with an element of not caring what other people think.” Does she consider herself to be one? “I strive to be,” she says with a wicked little smile.

An Audacious Woman by Corinne Cavanaugh is now available for purchase on Amazon in paperback, e-book, and audiobook formats.

Join Corinne for an author talk and book signing event in mid-August at BookTree; to RSVP visit corinnecavanaugh.com



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INNOVATIVE EDUCATION

Craig and Jennifer Pelissero are on a mission to advance early childhood education through Close Reach Academy, a school dedicated to intentional, caring childcare

BY MIKAYLA BEDARD

When it comes to big life decisions, we've all heard the phrase, "When you know, you know." For Craig and Jennifer Pelissero, this phrase hits home, as it's exactly what they felt when choosing early childhood education as their career focus.

Originally from Minnesota and New Hampshire, respectively, Craig and Jennifer both grew up with a passion for education, leading them to obtain master's degrees in education from Northwest University in Kirkland. "Attending Northwest University in Kirkland for our first graduate degrees brought us to the beautiful Pacific Northwest," says Jennifer. "We fell in love and never looked back! We've built a community of lifelong friends and appreciate the connectivity of relationships we've found here."

After graduating from Northwest University, the couple went on to

obtain their doctorates in education, Craig from Emory University and Jennifer from Southeastern University. With multiple degrees in hand, the couple then launched themselves into their careers, working with children and youth in education, counseling and special education. "It brings us joy to see children and youth get the academic, personal and emotional support they need to thrive and grow," says Jennifer.

Wanting to help a larger population of children and youth, Craig and Jennifer decided to open their first early childhood education center — Close Reach Academy in Bothell — in 2022. Close Reach Academy's inclusive environment, exceptional care experience and effective curricula quickly made the school a success, leading Craig and Jennifer to open two additional locations, one in Arlington and one in Kirkland. All three locations

offer care to children ages 1 through 6, teaching age-appropriate curricula for each age and stage of development.

What makes the school's curricula so effective? "At Close Reach Academy, we emphasize trustworthy, intentional and caring childcare while implementing the best instructional approaches to early childhood education," says Jennifer. These best instructional approaches are derived from Montessori, play-based, STEAM and social-emotional teaching styles, allowing Close Reach Academy to provide a robust, evidence-based approach to teaching and early childhood interventions.

This evidence-based approach to learning isn't the only thing to love about Close Reach Academy. The school's intentional and inclusive learning places result in individualized instruction, allowing the school to reach young

children of all learning abilities. Close Reach Academy also partners with local therapists, giving students an opportunity to obtain a multidisciplinary approach to their learning and development. "Students receive occupational, speech, behavioral and ABA therapies on-site during their care hours at Close Reach Academy," says Jennifer. "We're excited to expand this offering of products and services to create an even broader range of therapeutic interventions offered to our students."

At Close Reach Academy, partnering with parents and caregivers is just as important as creating healthy learning environments for children. "We genuinely partner with parents and caregivers on the developmental journey of their student, remaining in constant communication about their child's growth and obstacles and coming alongside parents when additional resources are required for their child's success," says Jennifer. "Every child, teacher and caregiver is seen, valued and known at Close Reach Academy."

If you're looking for an inclusive, innovative, supportive learning environment for your child, look no further than Close Reach Academy. Enroll in a class today to get them started on their educational journey!



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First F3Nation Exec Team (from left to right): Jason Silverstein, Tim Whitmire, Dave Redding, and Jim Cotchett.

F3 KIRKLAND

Enriches the Lives of Men While Promoting Community Leadership

BY JENNY HART DANOWSKI

With all the curveballs life can throw us regarding our relationships, work environments, and even our health and the health of our loved ones, surrounding oneself with people who lift us up, carry us through, and inspire us to be better people is crucial. I have found these people in my closest friends who I've known for 40 years, but for men, building this depth of trust and fellowship can be difficult and doesn't always come naturally.

I recently discussed this with Kirkland resident, Jason Silverstein, who in 2015, started a men's exercise group in Kirkland called F3. Jason was introduced to F3 in 2011 while living in Charlotte, NC. "It started there as a group of guys working out together outdoors, having coffee afterward, and enjoying some fellowship," Jason explains. But two in the group—Tim Whitmire and Dave Redding—saw a larger opportunity. "They noticed the

The Seattle F3 group enjoys an early morning workout together.



deep connections being made and realized other men might benefit from this type of social circle because when you get to a certain age, your college friends may not be your closest anymore," says Jason. "You may have work colleagues, a partner, and friends you and your partner share, but none outside of that. Or you may have once been part of a team and now miss that." Tim and Dave started a second workout group to test their theory, and when 34 guys showed up, they knew they were on to something.

"From there it just took off," says Jason. "They added a weekday workout and second weekend workout and invited me to join." After learning the group had now been named F3 for Fitness, Fellowship, and Faith, Jason was skeptical. "I have my own thoughts about spirituality and religion and wasn't sure if this was a ministry of some kind," he admits. "Once I realized what it was *really*

about, I was hooked." He became part of a small executive group, and the nonprofit F3 Nation was born. "We had grown it as far west as Texas when I moved to Kirkland in 2015 to take a job with a tech company here," he says.

While Jason and his family were welcomed into the Kirkland community, there were no groups like F3 in the Puget Sound, so he started gauging interest and was met with little to no response. "It wasn't until a longtime friend agreed to join me that others felt comfortable following," he says laughing. He launched the first F3 group in Kirkland in March of 2015 and had 10 guys show up. In subsequent weeks there were days with only two guys, but then it became 10, 15, 20, and more. "When we got to 20, we broke into two groups to keep that fellowship piece going, which is easier in more intimate groups," he explains.

When a couple of guys who live in Kirkland but work in Seattle suggested doing a Seattle workout, they were 'deputized' to start their own group and it grew from there. "These workouts don't have professional leaders. They are led by someone in the group who has chosen to take a turn at leading and we train them to put a workout together and

call out the cadence, as most are Bootcamp style," Jason explains. They are also done outdoors rain or shine, with the only equipment being whatever is in that outdoor location.

Workouts start at 5:30 a.m. on weekdays and 7:00 a.m. on weekends so people don't get sidetracked as the day progresses. And while it's fitness that first gets members there, it's the fellowship that keeps them coming. "Once you sweat and put in effort during the workout, you become vulnerable and start talking about the things that are hard in your life," says Jason. "Maybe you're having problems with money, an addiction, your marriage, or your job, and need someone you can trust and believe in to talk with. Whatever your issues, the group sees you not just as a person at work or in your community, but as the person you truly are." The faith piece is believing in something outside of yourself, and that is what F3 is all about.

Its sole mission is to plant, grow, and serve these small workout groups for the invigoration of community leadership. "As you work out with us and build friendships within your community, we ask that you look at how you are going to change the things

Fitness, Fellowship, and Faith in action.





The Kirkland F3 group enjoys hanging out at Shake Shack after a workout.



Jason, Becky, and their two children enjoy some time together at Carillon Point.

around you for the better,” Jason says. “The workouts are free and there are no membership dues. The only obligation is to show up and to do something bigger than yourself with the knowledge you have gained here.”

For Jason, belonging to a group of people who have passion for an idea without money being involved has been gratifying. “We have CEO’s, guys just starting their careers, and people with very little, but they all support one another in this group,” he says. He chokes up sharing

how, without being asked, the group created a meal train and helped with his kids when his wife, Becky, underwent spine surgery and was bedridden temporarily. “When you do things for others and witness the meaning it has for them, it gains momentum,” Jason marvels. “No one asks for help, it just comes.” Other group members have lost wives to cancer and experienced that same support.

As a national nonprofit, F3 Nation has a foundation funded by its members that exists for men who have found their passion but don’t have the means to carry it out alone. By donating funds to make these passions realities, the foundation has helped F3 members nationwide strengthen their communities.

Today Jason has been able to step back from managing both the national and local groups, noting that sharing leadership is a key tenet in how F3 grows. Almost nine years after moving to Kirkland, he still meets his F3 “brothers” for workouts three to four times a week. “We now have around 50 workouts per week across Puget Sound, all of which can be found on our website, www.f3kirkland.com, on the F3 Nation map,” says Jason proudly. If you’re traveling, check out the map to see if there is a workout in the town you are visiting and join in. “People are amazed at how similar these groups are across the nation, and how equally welcoming they are to everyone,” he adds. “It’s bizarre and wonderful at the same time!”

To learn more, go to www.f3kirkland.com. For women, there is a sister organization in www.FiANation.com.



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MEET OLLIE



to leave a light on for Ollie” – I replied, “seriously Mom, he is blind.” She did laugh...as did I.

How spoiled is your pet?

He has an entourage of stuffed animals he sleeps with, he has a cart I push him in through the “traffic” areas of Juanita beach, then, he gets to walk a couple of miles, then back to his cart. So yes he is pretty spoiled.

What else should we know about your pet and/or how your pet has enriched your home/family?

As I said before, he has taught me that his disability doesn’t affect his quality of life.

Given, he was born blind and doesn’t know any difference, he still amazes me every day how he walks through life with no sight. How fortunate I am to be his Mom. The Blonde leading the Blind, as a good friend of mine calls it. You can follow Ollie on Instagram at BlindDogOllie.



Family member names: Terri Fletcher Dog Mom
Pet’s name: Oliver Twist aka Blind Dog Ollie
Type of animal/breed: Jindu-Chow from South Korea
Male or female: Male
Pet’s age: 10

Where/why did you get your pet?

I was asked to foster him by the canine division of the Meow rescue group in Houghton. I am what you call a Foster Failure. It was obvious that Oliver knew that every time Kelly Starbuck picked him up for a home visit with a possible adopter, when he got to their home, he would do his “deed” on their living room floor.

Is there a story behind its name?

He did not have a name coming from the rescue group in South Korea, due to his cleft palate and twisted face, the rescue group here decided on Oliver Twist. Over time he became Blind Dog Ollie.

Anything special or unusual about them (talents/quirks)?

His talent is that he doesn’t know he is blind. The Vet explained to us that his pupils never formed, due to his cleft palate. He uses a doggie door, finds his ride on the front porch, and is the best guard Dog ever.

What do you like best about your pet?

Oliver has taught me that even with his disability, it does not change his attitude what so ever. So, when I am having a bad day, I tell myself to “Ollie Up”.

Any funny stories?

I had dropped Ollie at my Mothers house and her and I were headed out for dinner. We had pulled out of her driveway and she said “Oh no, I forgot



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Language and Literacy - Learning communication is key for a child’s development. From the beginning, infants communicate with their caregivers by crying to express a need. From there, babies are exposed to language through verbal and non-verbal expressions, creating millions of neurological connections every day as their literary skills take shape. At Close Reach Academy, we scaffold language and literacy development through an intentional process of modeling, teaching with visual aids, incorporating movement, and prompting interactive engagement verbally throughout the lesson. Encouraging students to enhance their language and literacy skills helps them achieve confidence as they grow and master communication, letter and sound recognition, and verbal skills on their path towards reading.

Language and Literacy Activities at Home

Offer to read your child’s favorite book as they act out what you’re reading. Have them repeat back common or repetitive phrases found throughout the story. Show them the characters’ facial expressions and help them discover what they think the characters are thinking or feeling. Invite them to predict what will happen next in the story or how the story will end. Bringing children deeper into the world of literacy will open their curiosity and get them to make unique and new connections in their language journey!



Clean Sweep 2024: KIRKLAND'S ANNUAL CLEANUP

Sponsored by the Kirkland Downtown Association

For the past 20 years, Clean Sweep has been a beloved tradition in Kirkland, bringing neighbors together to help spruce up our downtown area. This community event, originally started by the Kirkland Downtown Association (known then as Kirkland by the Lake), has seen locals donning gloves, wielding brooms, and grabbing rakes to make our town shine.

This year's event kicked off at Sotheby's, where volunteers were greeted with coffee and donuts generously donated by Bonnie McCloud. Approximately 60 enthusiastic participants attended in two shifts—morning and afternoon—dedicating their time to weed, sweep, wash, and pick up garbage around

downtown Kirkland. The event concluded at 3:30 p.m., leaving the town noticeably cleaner and brighter.

Families, kids, and local businesses all pitched in, highlighting the strong sense of community spirit. Garrett Oiness of Ivy Gift and Home served as the event coordinator, ensuring everything ran smoothly.

Clean Sweep not only enhances the appearance of our town but also reinforces the bonds between community members. Here's to many more years of keeping Kirkland beautiful, one sweep at a time!

For more information or to volunteer go to: Kirklanddowntown.org or email info@kirklanddowntown.org



WHAT'S COOKIN'

Grilled Romaine Salad

WRITTEN BY TAMMY CIRCEO, RESIDENT CULINARY CONTRIBUTOR



INSPIRED BY CHEF BILL PATTERSON from the former Sazio di Notte restaurant on Orcas Island, this salad is simple and reminiscent of long summer days by the water. It might sound strange to grill lettuce, but doing so brings a bit of char and also some sweetness. The tomatoes and cheese bring acid and saltiness rounding out this salad beautifully. Since it only takes a minute or two to grill, it's quite convenient to make while your grilled meats are resting. Sadly, Sazio di Notte closed a long time ago, but with this recipe, you can enjoy his beautiful salad any time you wish!

INGREDIENTS

- 2 hearts Romaine cut in half lengthwise (Don't cut off too much of the root end or else it will fall apart on the grill.)
- olive oil
- ½ cup tomatoes, chopped small
- Fresh Parmigiano-Reggiano cheese
- CITRUS VINAIGRETTE
- ½ cup olive oil
- 3 Tablespoons fresh lemon juice
- 1 clove garlic, minced
- 1 teaspoon anchovy paste (or one anchovy, smashed)
- Salt and freshly ground pepper

INSTRUCTIONS

1 / Make the Citrus Vinaigrette by mixing everything in a small jar and shaking to combine.

2 / Drizzle the cut Romaine hearts with olive oil and place cut side down on a medium-hot grill. Grill till marks show on the lettuce and it is barely wilting. Using tongs, turn to the other side, and grill the same way. It usually only takes about a minute per side.

3 / Remove to a platter. Top with chopped tomatoes, drizzle with Citrus Vinaigrette, and grate the cheese on top.

4 / Serve immediately.

Bon Appétit!

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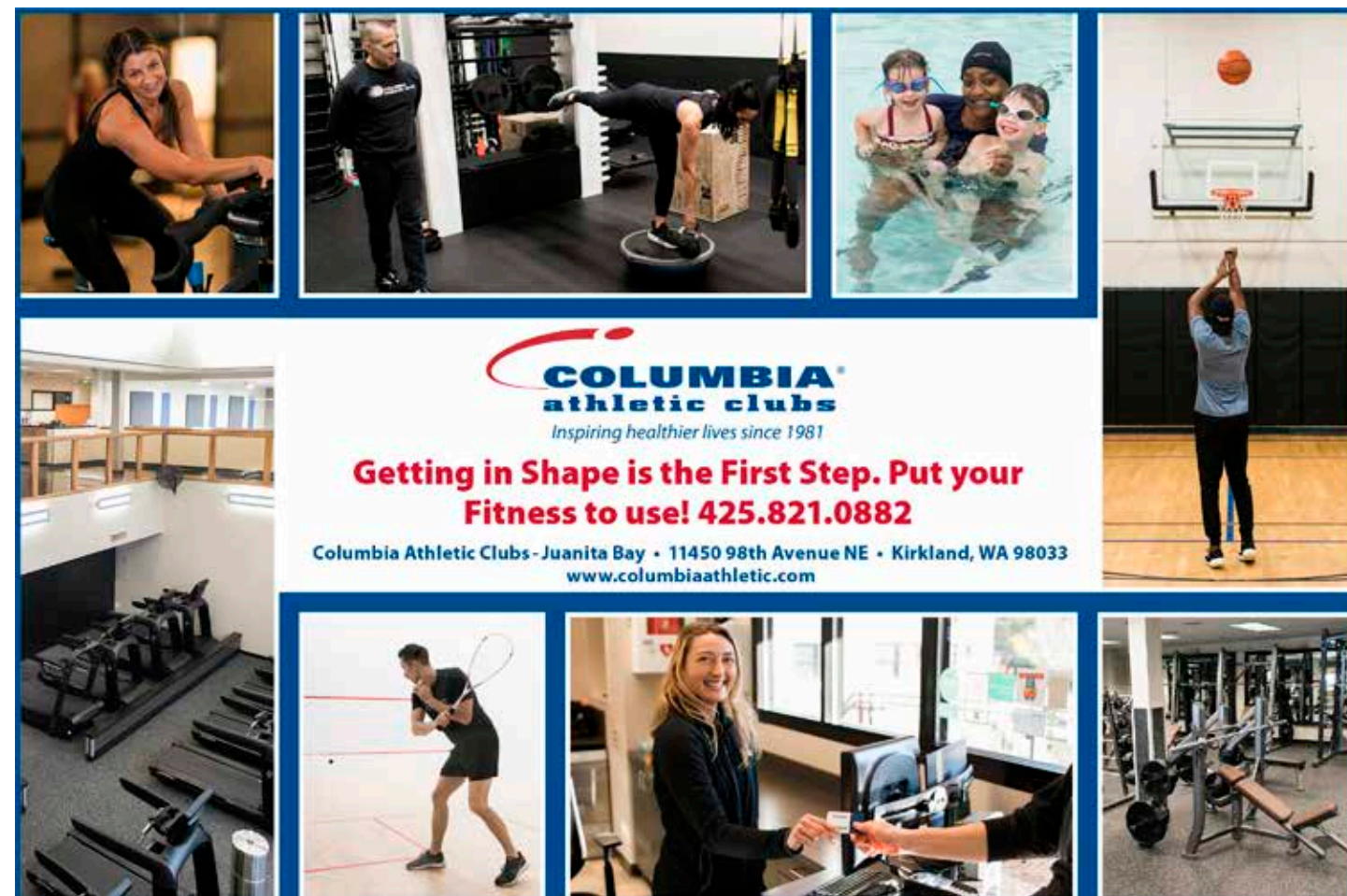
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